NSA MENU WEEK OF JANUARY 19TH THROUGH 23RD

	Monday	Tuesday	Wednesday	Thursday	Friday
	19 JAN.	20 JAN.	21 JAN.	22 JAN.	23 JAN.
Morning Eye		SAUSAGE &		FRENCH TOAST	WESTERN
Openers	MARTIN	CHEESE	GRILLED	W/TWO EGGS &	OMELET
openers	LUTHER	OMELET	HAM, EGG &	BACON OR	HOME FRIES &
	KING JR DAY	HOME FRIES	CHEESE w/home	SAUSAGE LINKS	2 PCS OF TOAST
	Kirvo six Diri	(2) TOAST \$2.75	fries \$2.50	\$2.50	\$2.75
Grilled		ITALIAN	Italian Meatball	Chicken Steak	Mushroom &
Greats	MARTIN	CHEESE STEAK	Hoagie w/pizza	Sub w/lettuce, Tomato and Onion	Swiss Burger
	LUTHER	HOAGIE	Cheese	\$2.50	
	KING JR DAY	\$2.75		Fried Rice \$1.50	
		*	\$2.75		\$2.50
Healthy		SALAD BAR	SALAD BAR WITH	SALAD BAR	SALAD BAR
	MARTIN	WITH FRESH	FRESH	WITH FRESH	WITH FRESH
Choice	LUTHER	VEGETABLES	VEGETABLES AND FRUIT	VEGETABLES	VEGETABLES
	KING JR DAY	AND FRUIT \$.25 PER OUNCE	\$.25 PER OUNCE	AND FRUIT	AND FRUIT
	KING GR DITT	\$.25 PER OUNCE		\$.25 PER OUNCE	\$.25 PER OUNCE
Specialty		FRIED CHICKEN	FRIED CHICKEN BREAST \$1.70	Egg Roll Vegetarian \$1.25	FRIED CHICKEN
Station	MARTIN	BREAST \$1.70	THIGH \$1.30	Pork \$1.25	BREAST \$1.70
232	LUTHER	THIGH \$1.30	LEG \$.80	Dagwood	THIGH \$1.30
	KING JR DAY	LEG \$.80	B 1 1 B 4 4 B	Sandwich	LEG \$.80
		WING \$.60	Baked Potato Bar \$1.75	\$3.70	WING \$.60
Feature		GARDEN PEA	Sugar Peas	Fried Rice	Macaroni & cheese
	MARTIN	SLICED	Brussels Sprouts	Vegetable Lo Mein	1/14/4/4/10/10/00/00
Vegetables	LUTHER	CARROTS	Buttered Noodles	Oriental vegetables	Stewed Tomatoes
	KING JR DAY	SEASONED	Mashed Sweet	Vegetarian Egg roll	G 1 G1
	KINGJKDAI	FRIES	Potatoes	Pork Egg Roll	Cole Slaw
Daile Carriel		CHEF'S	Chuck Wagon	Sweet & Sour	
Daily Special	MARTIN	CHEFS	Stew	Pork over rice	Ham Pot Pie
	LUTHER		Siew	Two side dishes &	W/ 1 Vegetable
	KING JR DAY	СНОІСЕ	\$4.25	fortune cookie	\$3.95
		CHOICE		\$4.50	
Daily Special		Baked Fish	Ham Steak w/ 2	CHEF'S	Red fish W/
Dany Special	MARTIN	W/two Vegetables	Vegetables		Two Vegetables
-	LUTHER	\$4.25	regembles	СНОІСЕ	\$4.25
Was a	KING JR DAY		\$4.25	CHOICE	Ψ1.23
	KING 9K DAT				
Soup		Cauliflower	Cream Potato	Won Ton	Maryland Crab
Du Jour	MARTIN	Bowl \$1.50	Cup \$1.00	Bowl \$1.50	Bowl \$1.50
Du Jour	LUTHER	Cup \$1.00	Chili	Cup \$1.00	Cup \$1.00
	KING JR DAY	Chili	Bowl \$1.70	Chili	Chili
		Bowl \$1.70 Cup \$1.25	Cup \$1.25	Bowl \$1.70 Cup \$1.25	Bowl \$1.70 Cup \$1.25
		Cup \$1.23		Cup \$1.23	Cup \$1.23

* not available in bld	g. 407		MENU		
			RY 26 TH THROUGH 3		
	Monday	Tuesday	Wednesday	Thursday	Friday
	26 JAN.	27 JAN.	28 JAN.	29 JAN.	30 JAN.
Morning Eye	(2)EGGS	HOT CAKES		FRENCH TOAST	WESTERN
Openers	(2) BACON STRIPS OR SAUSAGE	SCRAMBLED	Ham & Cheese	W/TWO EGGS &	OMELET
(1) (7)	LINKS	EGGS & BACON STRIPS OR	Omelet w/home fries & toast	BACON OR SAUSAGE LINKS	HOME FRIES & 2 PCS OF TOAST
	HOME FRIES	SAUSAGE LINKS	\$2.75	SAUSAGE LINKS	2 FCS OF 10AS1
	(2) TOAST	\$2.50	Ψ2.75	\$2.50	\$2.75
	\$2.50 GRILLED	HOT DOG	Italian Sweet	BEEF	* ***
Grilled	TUNA	w/ Bacon and	Sausage	BARBECUE	Grilled Cheese
Greats	MELT	Cheese	w/peppers &	SANDWICH	\$1.25
	On Texas Toast	Cheese	Onions on Steak	SIN (B WICH	Ψ1.23
			Roll		Grilled Ham &
	\$2.25	\$1.75	\$2.75	\$2.50	Cheese \$2.20
Hoalthy	SALAD BAR	SALAD BAR	SALAD BAR WITH	SALAD BAR	SALAD BAR
Healthy	WITH FRESH	WITH FRESH	FRESH	WITH FRESH	WITH FRESH
Choice	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES
ET Z	AND FRUIT	AND FRUIT	AND FRUIT \$.25 PER OUNCE	AND FRUIT	AND FRUIT
	Φ Δζ DED OTDICE	ΦΔζ DED OLDICE	ψ.25 I LR CONCE	\$.25 PER OUNCE	# AC DED OUDIGE
	\$.25 PER OUNCE	\$.25 PER OUNCE			\$.25 PER OUNCE
Specialty	FRIED CHICKEN	PIZZA	FRIED CHICKEN	PIZZA	FRIED CHICKEN
Station	BREAST \$1.70	PEPPERONI \$1.30 MUSHROOM \$1.30	BREAST \$1.70 THIGH \$1.30	H 0 Ch	BREAST \$1.70
,?	THIGH \$1.30	WOSHROOM \$1.50	WING \$.60	Ham & Cheese	THIGH \$1.30
	LEG \$.80	Turkey & Swiss on		Club	LEG \$.80
	WING \$.60	a Croissant \$2.90	Baked Sweet Potato \$1.75	\$3.70	WING \$.60
Feature	Spaghetti Side Dish	3371 . 1	D. D.I.C	V 411 0 1 1	
Vegetables	Sliced Carrots	Whipped potatoes W/gravy	Rice Pilaf Scalloped Potatoes	Vegetable Salad Buttered Corn	Chef's Choice
	Baked Beans	Green Beans	Succotash	Zucchini	Mixed Vegetables
	Au Gratin Potatoes	Corn & Peas	Wax beans	Whipped potatoes	
Daily Special	Italian Sausage	Chicken Pot	Chicken		
	with two	Pie	Tetrazzini	Chef's	Tuna Plate
\	Vegetables	W/ one	With two	Choice	
	\$2.05	Vegetable	vegetables		\$3.95
	\$3.95	\$3.95	\$4.25	\$3.95	,
Daily Special	Chicken	Stuffed Beef	BBQ Ham	Beef	Baked Ziti
zany special	Parmesan	Rolls	Steak		with Toast
***	w/spaghetti	With Choice of	W/ two	Stuffed Pepper	
Winds (\$3.95	Two Vegetables	Vegetables	w/two sides	\$3.95
	Sandwich \$2.75	\$4.25	\$4.25	\$4.25	
Soup	Vegetable Beef	Beef Rice	Chicken Noodle	Ham & Bean	Du Jour
Du Jour	Bowl \$1.50	Bowl \$1.50	Bowl \$1.50	Bowl \$1.50	Bowl \$1.50
Du Juki	Cup \$ 1.00	Cup \$ 1.00	Cup \$ 1.00	Cup \$1.00	Cup \$ 1.00
	Chili Bowl \$1.70	Chili Bowl \$1.70	Chili Bowl \$1.70	Chili Bowl \$1.70	Chili Bowl \$1.70
	Cup \$1.25	Cup \$1.25	Cup \$1.25	Cup \$1.70	Cup \$1.25
	Cup \$1.20	υπρ ψ1.20	Cup 41.20		σωρ ψ1.20

NSA MENU WEEK OF JANUARY 5TH THROUGH 9TH

	Monday	Tuesday	Wednesday	Thursday	Friday
	05 JAN.	06 JAN.	07 JAN.	08 JAN.	09 JAN.
Morning Eye	2 Eggs	HOT CAKES		FRENCH TOAST	WESTERN
Openers	2 Bacon Strips	SCRAMBLED	Blueberry	W/TWO EGGS &	OMELET
(1)(1)	or Sausage Links	EGGS & BACON	Waffles	BACON OR	HOME FRIES &
	2 Toast	STRIPS OR SAUSAGE LINKS	\$2.50	SAUSAGE LINKS	2 PCS OF TOAST
	Home Fries	\$2.50	\$2.30	\$2.50	\$2.75
that the	\$2.50			\$2.50	Ψ2.73
Grilled	Grilled	1/3 lb. Bacon	CHEESEBURGER	1/3 rd lb	
Greats	Rueben Sandwich \$2.75	Cheese	HOAGIE \$2.75	Cheddar	PATTY MELT
	\$2.73	Burger	\$2.73	Burger	TATIT WILLI
		\$2.75	add French Fries	\$2.75	\$2.75
			\$.75	Ψ2.70	Ψ=ε
77 1:1	SALAD BAR	SALAD BAR	SALAD BAR WITH	SALAD BAR	SALAD BAR
Healthy	WITH FRESH	WITH FRESH	FRESH	WITH FRESH	WITH FRESH
Choice	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES
	AND FRUIT	AND FRUIT	AND FRUIT	AND FRUIT	AND FRUIT
			\$.25 PER OUNCE		
	\$.25 PER OUNCE	\$.25 PER OUNCE		\$.25 PER OUNCE	\$.25 PER OUNCE
Specialty	FRIED CHICKEN	PIZZA	FRIED CHICKEN	PIZZA	FRIED CHICKEN
Station	BREAST \$1.70	D 4 D 6 0	D 1 1	Turkey	BREAST \$1.70
299	THIGH \$1.30	Roast Beef &	Baked	Club	THIGH \$1.30
	LEG \$.80	Cheese on a	Potato Bar		LEG \$.80
	WING \$.60	Croissant \$2.75	\$1.75	\$3.70	WING \$.60
		\$2.75	420.0		Mixed Vegetables
Feature	Scalloped Potatoes	Parsley Potatoes	Mexican Rice	Brussel Sprouts	Wince vegetables
Vegetables	Green Beans&	Green Beans	Wicklean Ricc	Corn	Cole slaw
	Corn	Steamed Rice	Beets	Whipped Potatoes	
	Cauliflower	Wax beans	Beets	w/gravy	French Fries
Daily Special	Veal Steak		TACO	CHICKEN	SPAGHETTI
Duty Special	With two	VEGETABLE	SALAD	POT PIE	&
S #	Vegetables	Stir Fry	(served in a 12"	\$3.95	MEATBALLS
	regembles	Over Rice	tortilla shell)	*	\$3.95
	\$4.25	\$4.00			ψ3.,, ε
			\$4.25		
Daily Special	Beef	Bombay		BAKED MEAT	
	Porcupines	Chicken	CHEF'S	<i>LOAF</i>	FISH &
	W/two	W/two	CHOICE	w/choice of two	FRIES
Way Co	vegetables	Vegetables		vegetables	
	\$4.25	\$4.25		\$3.95	\$4.25
Soup	HAM & CORN	CHICKEN	SOUTHWEST	BEEF NOODLE	CLAM
Du Jour	CHOWDER	NOODLE	BEAN	Bowl \$1.50	CHOWDER
Du Jour	Bowl \$1.50	Bowl \$1.50	Bowl \$1.50	Cup \$ 1.00	Bowl \$1.50
	Cup \$1.00 Chili	Cup \$ 1.00	Cup \$ 1.00 Chili	Chili	Cup \$ 1.00
	Bowl \$1.70	Chili	Bowl \$1.70	Bowl \$1.70	Chili
	Cup \$1.25	Bowl \$1.70 Cup \$1.25	Cup \$1.76	Cup \$1.25	Bowl \$1.70 Cup \$1.25
	F	Cup \$1.23	\$1.20		Cup \$1.23

^{*} not available in bldg. 407

NSA MENU WEEK JANUARY 12TH THROUGH 16TH Tuesday Wednesday Thursday

	Monday	Tuesday	Wednesday	Thursday	Friday
M . E	12 JAN.	13 JAN. HOT CAKES	14 JAN.	15 JAN. FRENCH TOAST	16 JAN. WESTERN
Morning Eye Openers	Spanish Omelet W/Home Fries And Toast	SCRAMBLED EGGS & BACON STRIPS OR SAUSAGE LINKS	YUMMY \$2.15	W/TWO EGGS & BACON OR SAUSAGE LINKS	OMELET HOME FRIES & 2 PCs OF TOAST
	\$2.75	\$2.50		\$2.50	\$2.75
Grilled Greats	Italian Steak \$2.75	Cheddar burger W/ bacon & sautéed onions	Pork Barbecue Sandwich \$2.75	Cowboy Burger Grilled mushrooms & onions, bacon, & Monterey Jack cheese \$2.75	Home Made Crab Cake Sandwich \$2.50
Healthy Choice	SALAD BAR WITH FRESH VEGETABLES AND FRUIT \$.25 PER OUNCE	SALAD BAR WITH FRESH VEGETABLES AND FRUIT \$.25 PER OUNCE	SALAD BAR WITH FRESH VEGETABLES AND FRUIT \$.25 PER OUNCE Baked potato bar \$1.75	SALAD BAR WITH FRESH VEGETABLES AND FRUIT \$.25 PER OUNCE	SALAD BAR WITH FRESH VEGETABLES AND FRUIT \$.25 PER OUNCE
Specialty Station	FRIED CHICKEN BREAST \$1.70 THIGH \$1.30 LEG \$.80 WING \$.60	PIZZA Cold Meatloaf Sandwich \$2.70	FRIED CHICKEN BREAST \$1.70 THIGH \$1.30 LEG \$.80 WING \$.60 Baked potato bar \$1.75	Italian Hoagie \$3.45	FRIED CHICKEN BREAST \$1.70 THIGH \$1.30 LEG \$.80 WING \$.60
Feature Vegetables	Salad Chefs Choice Steamed Broccoli	Peas Sliced Carrots Stewed Tomatoes Buttered Noodles	Macaroni &Cheese Buttered Corn Mixed Vegetables Stewed Tomatoes	Mashed Potatoes With Gravy Garden Peas Buttered Corn Bread Stuffing	Chef's Choice Tossed Salad Zucchini & Tomatoes
Daily Special	CHEF"S CHOICE	Beef Stroganoff \$4.25	BATTER BAKED FISH W/choice of two Vegetables \$4.25	CHEF'S CHOICE	Chicken stuffing casserole With one vegetable \$4.25
Daily Special	Yakisoba With Two vegetables \$4.25	Pork Chop W/ two vegetables \$4.25	CHEF'S CHOICE	Roast Turkey W/choice of two Vegetables \$4.25	Shrimp Jambalaya With one Vegetable \$4.25
Soup Du Jour	Cream of Broccoli Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Turkey Noodle Bowl \$1.70 Cup \$1.25	Barley Chicken Chili Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Chicken Noodle Bowl \$1.50 Cup \$1.00 Chili Bowl \$1.70 Cup \$1.25	Du Jour Bowl \$1.50 Cup \$ 1.00 Chili Bowl \$1.70 Cup \$1.25